



THE POINTE MALIBU TREATMENT GUIDE

866-586-9060

THEPOINTEMALIBU.COM

*Your Alliance for
Lasting Recovery*



The Pointe Malibu
Recovery Center



TABLE OF

CONTENTS

1

WELCOME

2

TREATMENT MODEL

3

SERVICES

4

OFFERINGS

5

NEXT STEPS

6

CONTACT



INTRODUCTION

01

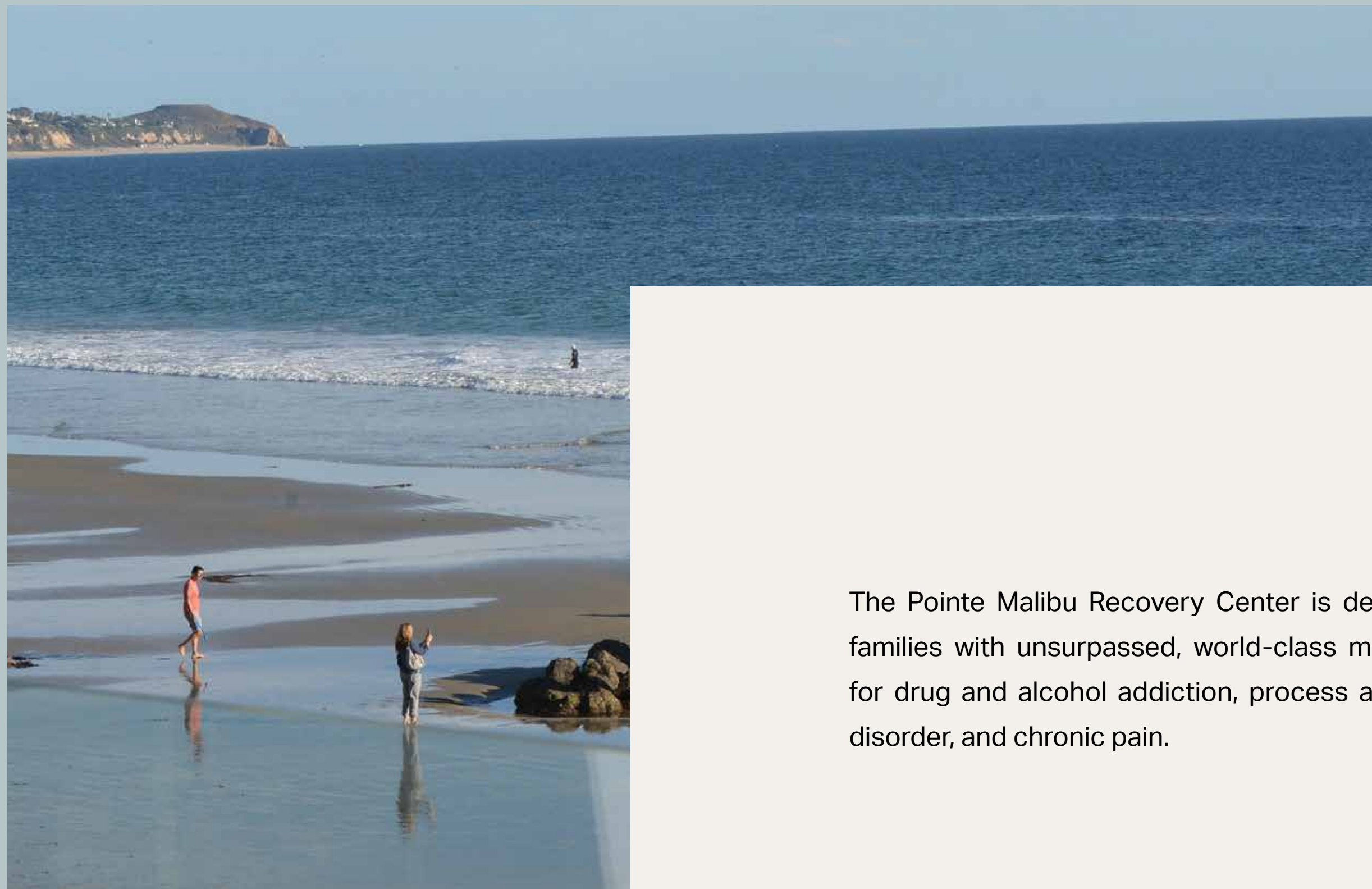
YOUR JOURNEY STARTS HERE

Welcome to our services guide. Many different issues may have brought you to where you are today. That is why The Pointe Malibu Recovery Center treats the conditions that co-exist with your substance use disorder. Whether those conditions are depression, anxiety, chronic pain, trauma or any number of other challenges, we respect your dignity and individuality in our total resolve to help. And we work tirelessly to establish a genuine bond of trust – one that is linked in a private, powerful clinician-client partnership.

The Pointe Malibu Recovery Center is dedicated to providing clients and their families with unsurpassed, world-class medical and clinical treatment services for drug and alcohol addiction, process addictions, co-occurring mental health disorder, and chronic pain.

OUR PHILOSOPHY

RELY ON CARE THAT BRINGS NATURAL JOY BACK TO YOUR LIFE



The Pointe Malibu Recovery Center is dedicated to providing clients and their families with unsurpassed, world-class medical and clinical treatment services for drug and alcohol addiction, process addictions, co-occurring mental health disorder, and chronic pain.



THE INTEGRATED CARE ALLIANCE

TREATMENT MODEL

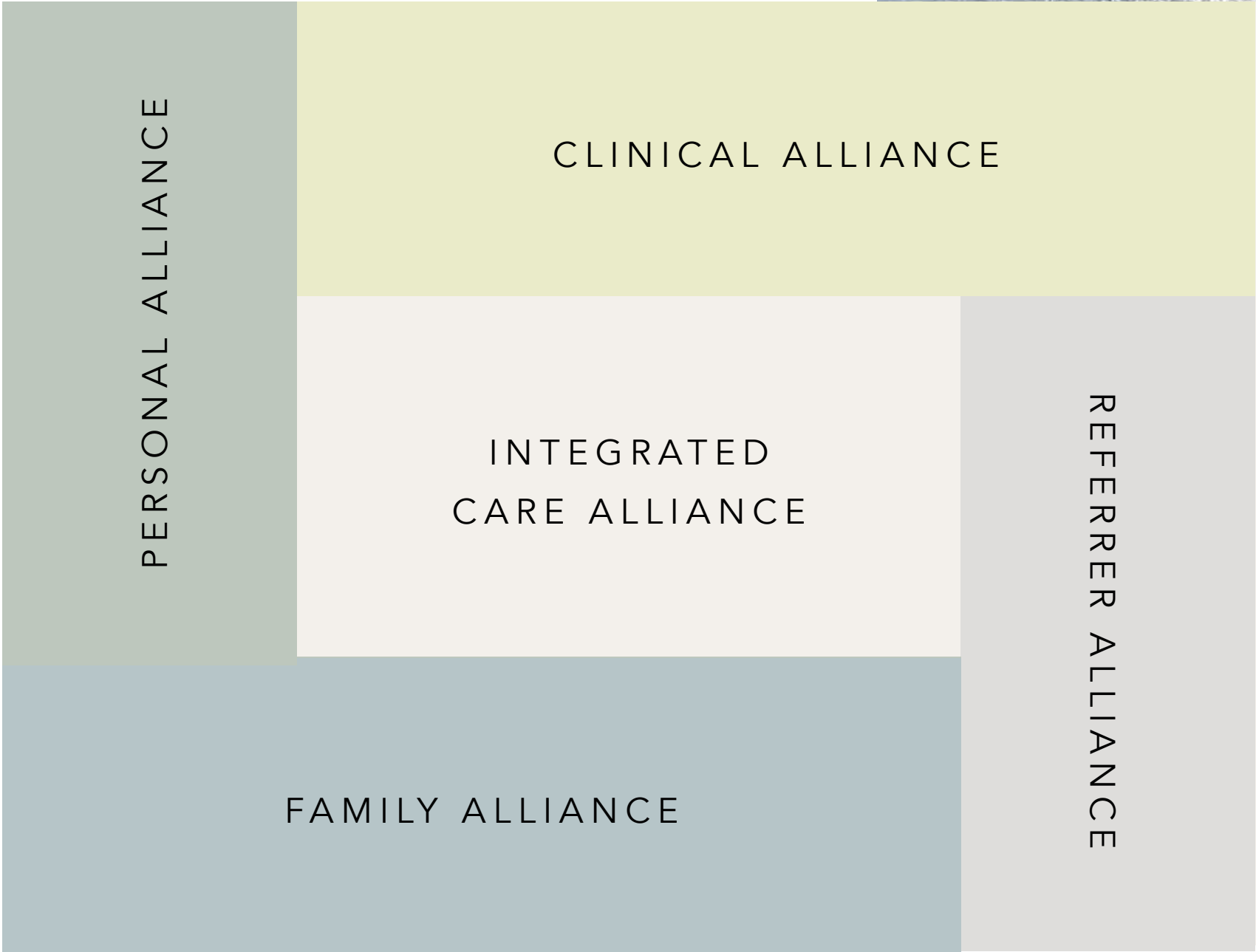
02

At the heart of our care and recovery philosophy is our Integrated Care Alliance, anchored by four key support components: The Pointe Malibu clinical staff, the referring professional, caring family members and the client. This assures full competency, trust and support, while providing an uninterrupted continuum of care, from admissions through discharge and beyond.

Each person or group has input, responsibility and accountability for producing a favorable outcome. As our valued client striving to reclaim your life, you can be sure that you are never alone. And you can count on straightforward, honest dialogue to help you regain your position, family and life that was once yours to love and enjoy.

INTEGRATED CARE ALLIANCE

MULTIPLE STAGES OF UNDERSTANDING



What sets The Pointe Malibu apart is not just our world- class facility of beach front recovery residences with ocean vistas. It is also our unique Integrated Care Alliance that links our Medical/Clinical Team, your Referring Professional, your Family and friends, and, most importantly You, for a total, unbroken commitment to restoring your well-being.



01. CLINICAL ALLIANCE

PROFESSIONAL CARE, HUMAN TOUCH

From the moment you enter our facility, you will receive compassionate care and understanding from our highly trained staff. This begins with a thorough diagnostic assessment where a distinct set of recovery goals is developed. Through additional consultations, our medical doctors and clinical director outline a customized plan for you.

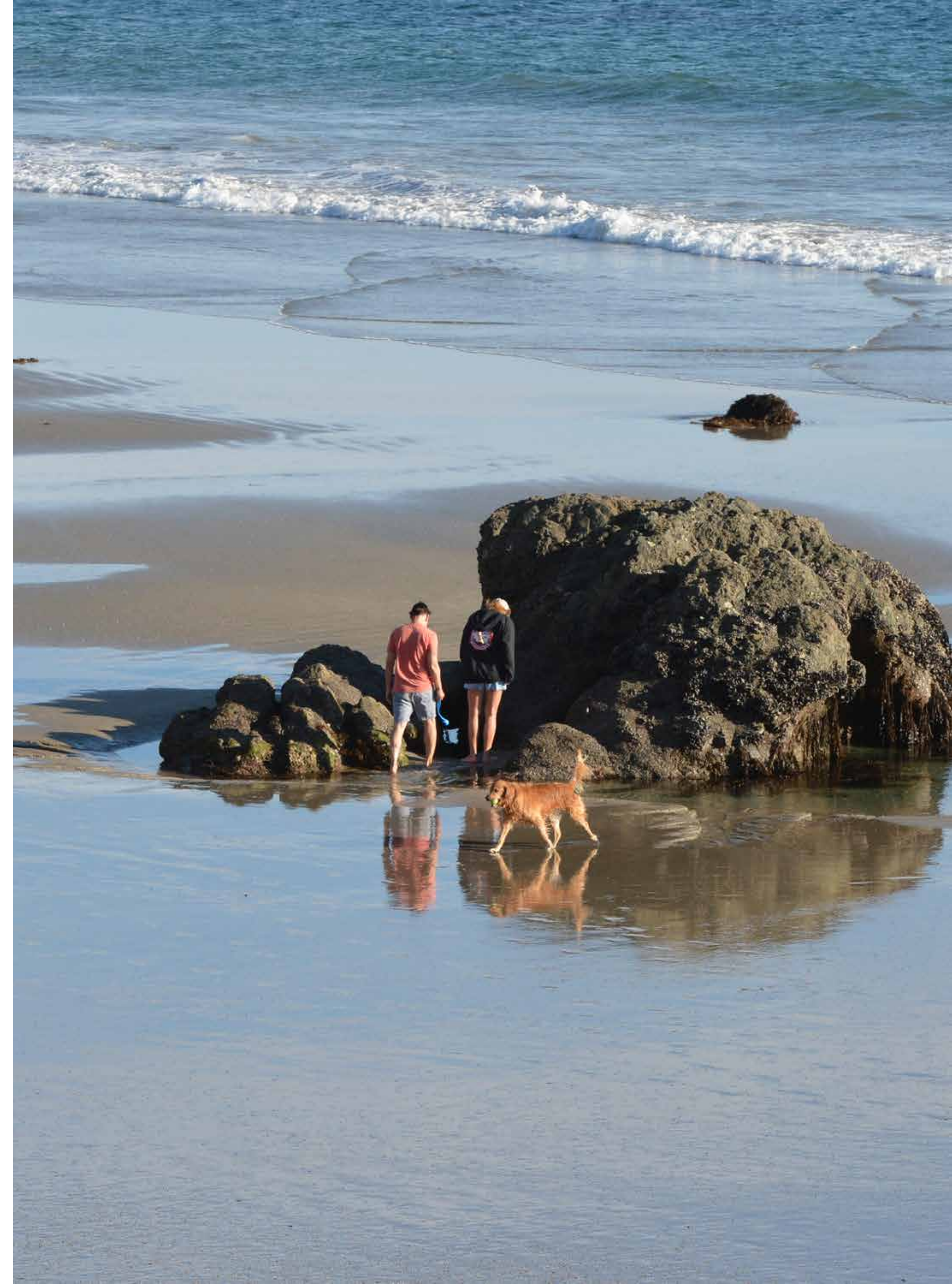
Detox – We are IMS-certified for this medically-supervised service, which is your first step toward facilitating change and realizing the rewarding possibilities beyond substance use. It is an essential anchor for strengthening your mind, body and spirit.

Rehabilitation – Reflecting its exclusive nature, The Pointe Malibu offers daily 1-on-1 counseling and therapy, as well as group sessions and experiential activities. Structured with modalities that have scientifically-proven outcomes, your customized treatment plan is designed to evolve as you progress through your program.

02. REFERRER ALLIANCE

REINFORCING A CRUCIAL LINK

The referring professional plays a unique role in assisting with rehabilitation and recovery. After all, he or she was one of the first to recognize your need for residential substance abuse treatment. So the professional holds a storehouse of knowledge that, when shared with our clinical team, can shine a light on the best course of action. Our goal is to involve the referrer in our alliance as much as possible, so that care is consistent and compatible. This entails, with your permission, regularly scheduled conversations and updates about treatments and progress. We believe that the best chance for unhindered recovery is a seamless hand-off to the referring professional, after your discharge from our facility.





03. FAMILY ALLIANCE

SUPPORT FROM THOSE YOU LOVE

It's common for family members and other close loved ones to feel a wide range of emotions – from anger and distrust, to guilt, fear and helplessness – during this difficult time. Rather than letting those feelings simmer, we work to create a line of communication between you and your family of choice. This includes scheduled sessions where everyone can listen, and also be heard.

By bringing family together, many previously unspoken issues can be voiced, followed by honest discussion and in- depth soul-searching. We also encourage family members to see substance use or co- occurring disorders for what they are – a disease. This enables all parties to work toward healing and re- establishing the love and trust that has been jeopardized. As an integral part of our recovery program, family support continues well into the post- discharge phase.

04. PERSONAL ALLIANCE

RESTORING YOUR PURPOSE

In order to regain your mental and physical health, it's important to restore the balance to your personal life. At The Pointe Malibu Recovery Center, you can achieve this through our fully-coordinated daily counseling and therapy sessions, as well as through a wide choice of holistic activities and pursuits. We offer everything from surf therapy, to boxing, massage therapy, art therapy, hiking, Tibetan singing bowl healing, mindfulness and meditation. At every step, we work to establish trust in the recovery method, so that you are able to manage and deal with the triggers of life, without turning back to self-sabotaging behavior.



INDIVIDUALIZED CARE

UNMATCHED TREATMENT, PROVEN SCIENCE

Personal, individualized attention defines our treatment philosophy at The Pointe Malibu Recovery Center. With a 5:1 staff-to-client ratio, your treatment will comprise evidence-based methods that will ground you in a life of abstinence in a holistic environment that revives the mind, body and spirit. We believe in the true science behind healing. Our licensed, certified staff of physicians, nurses, therapists and other highly qualified clinicians is dedicated to applying well tested modalities, uniquely customized to your treatment plan.



OUR PROVEN TREATMENT PROGRAMS



SERVICES

03

From our gorgeous location on the sands of Malibu, The Pointe Malibu Recovery Center offers luxurious accommodations in an environment of highly personalized care and exclusivity. Our non-judgmental professional staff makes The Pointe Malibu a welcoming safe place for all types of views and perspectives. At The Pointe Malibu, we are equally accepting of all races and cultures, creeds and beliefs, as well as diverse gender identities and LGBTQ lifestyles. Here, you can be yourself and grow into an even better version of yourself.

Personal, individualized attention defines our treatment philosophy at The Pointe Malibu Recovery Center. With a 5:1 staff-to-client ratio, and evidence-based, abstinence-based and holistic-based treatments that revive the mind, body and spirit, we believe in the true science behind healing. Our licensed, certified staff of physicians, therapists and other highly qualified clinicians is dedicated to applying firmly tested modalities, uniquely customized to your treatment plan.

COMPETENCE FOR EVERY CONDITION

WHAT WE TREAT

DRUG ADDICTION

Receive individual 1-on-1 and group care from skilled clinical professionals offering proven evidence-based treatments.

ALCOHOL ADDICTION

A detailed plan of highly individualized treatments and medically-supervised detox help to make you whole again.

CO-OCCURRING DISORDERS

We precisely evaluate and diligently treat the underlying conditions that exist alongside of your substance use disorder.

CHRONIC PAIN

Relief and healing are the keystones of our advanced therapeutic solutions for chronic pain medication dependence.

MENTAL HEALTH

Our facility is staffed with medical experts applying the world's most innovative mental health treatment methods.

GRIEF AND LOSS

Grief and loss is a natural human experience yet every individual grieves in their own unique way. Our clinical team will support the journey to healing by accepting and understanding a wide range of emotions that can better help individuals turn denial into acceptance, confusion into clarity, and chaos into order.

TRAUMA

Let our trauma specialists help you manage your emotions by dispelling the fear and anxiety from past experiences.



THE FREEDOM TO CHANGE

OFFERINGS

04

As part of that understanding, we allow you the freedom to be you. And that means surrounding you with the kind of personal service and superior accommodations you have come to expect in your life. You will enjoy an elite living experience, as well as managed access to network devices needed to maintain your professional commitments. In this way, you can initiate change without major disruptions to your routine and focus more directly on healing.

DETOX SERVICES



RESIDENTIAL TREATMENT



PARTIAL HOSPITALIZATION



TRANSITIONAL LIVING



INTENSIVE OUTPATIENT
PROGRAMS

ACCOMODATIONS

A NEW LIFE EXPERIENCE



Personal, individualized attention defines our treatment philosophy at The Pointe Malibu Recovery Center. With a 5:1 staff-to-client ratio, and evidence-based, abstinence-based and holistic-based treatments that revive the mind, body and spirit, we believe in the true science behind healing. Our licensed, certified staff of physicians, therapists and other highly qualified clinicians is dedicated to applying firmly tested modalities, uniquely customized to your treatment plan.

TO ACCOMMODATE YOUR SPECIAL LIFESTYLE, WE PROVIDE:

- I Private Luxury Suites
- I Beachfront Views
- I Indoor/Outdoor Design with Private Balconies
- I Heated Pool & Spa
- I Private Access to Beach I Gourmet Dining

05



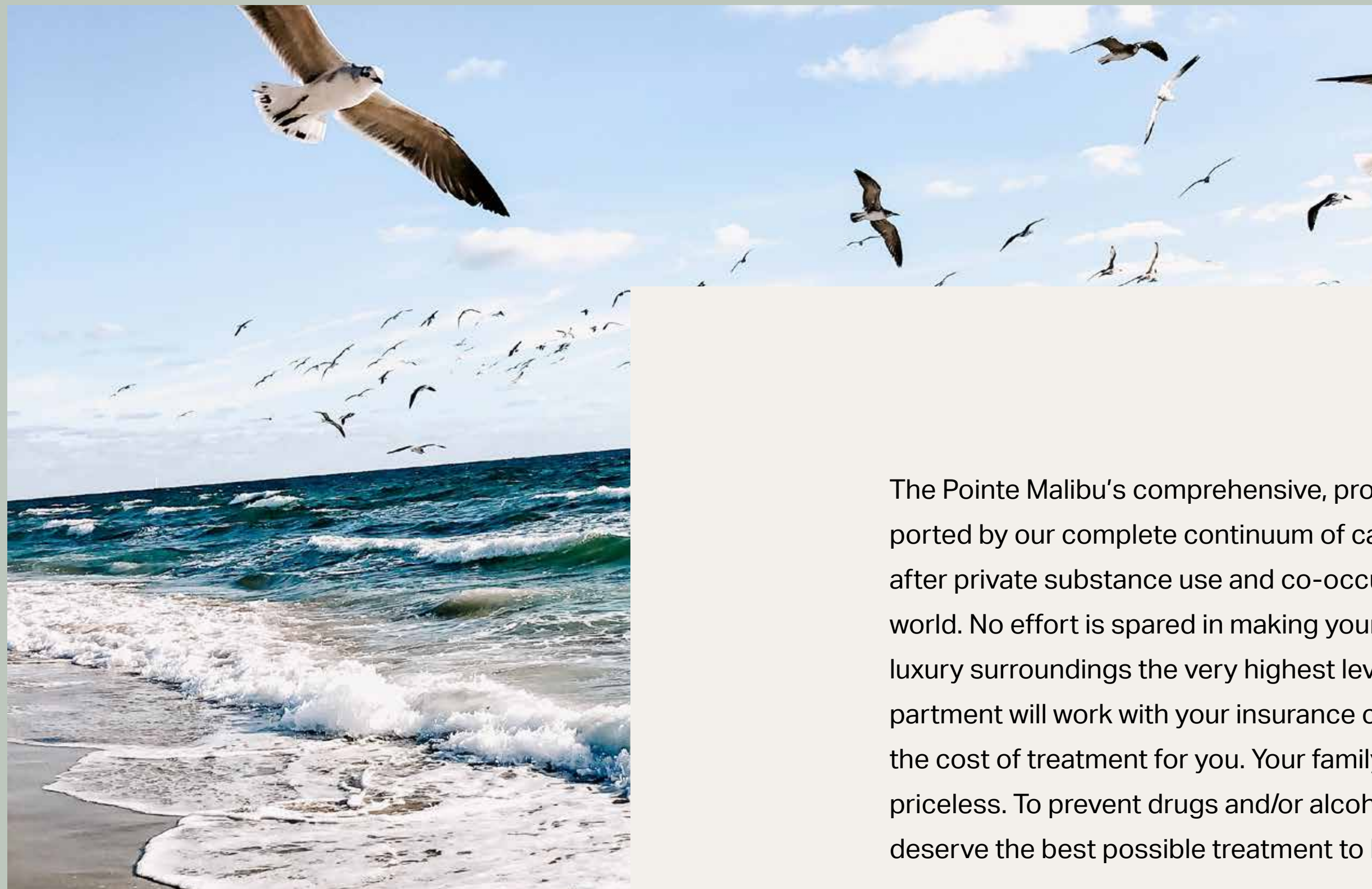
NEXT STEPS

Even when you leave our beautiful oceanfront facility, you are fully supported by our Integrated Care Alliance, combining the best of professional help, family love and your own indomitable spirit. We commend you for seeking a new beginning for that successful life you have achieved. This time, however, you can live it more freely, without the baggage of the past. Once you resolve to regain what your disease has taken from you and find new purpose through The Pointe Malibu, you can embrace recovery in an exciting new world of rediscovery.

LOOKING AHEAD,
MOVING FORWARD

YOUR FUTURE

YOUR LIFE IS PRICELESS



The Pointe Malibu's comprehensive, proprietary Integrated Care Alliance, supported by our complete continuum of care, has made us one of the most sought after private substance use and co-occurring disorder treatment facilities in the world. No effort is spared in making your treatment program, confidentiality and luxury surroundings the very highest level available. Our expert admissions department will work with your insurance company, if you so choose, to help reduce the cost of treatment for you. Your family, your career and especially your life are priceless. To prevent drugs and/or alcohol from stealing these away from you, you deserve the best possible treatment to live your best life.



CONTACT

06

YOUR JOURNEY
STARTS HERE

We welcome our clients with open arms and a powerful Integrated Care Alliance. When you admit yourself to our care at The Pointe Malibu, you will immediately notice our beautiful Malibu beachfront location, our commitment to your privacy and our warm, non-judgmental staff who treat you as the very special individual you are. We hope that you will view our Admissions process the same as we do...as a wonderful opportunity to live your new life free from the burdens of your past.

WE INVITE YOU

GET IN TOUCH

Call today– in total confidentiality
– to begin your recovery today.

866-586-9060



866-586-9060



thepointemalibu.com



[thepointemalibu](https://www.instagram.com/thepointemalibu)



facebook.com/ThePointeMalibu

THE POINTE MALIBU



The Pointe Malibu
Recovery Center